

## Present simple & adverbs of frequency

1 Complete the table with the present simple form of *play*.

I	<i>learn</i>	
You		
He		
She		French.
We		
They		

Now make the sentences negative.

*e.g. I don't learn French.*

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Now make questions.

*e.g. Do I learn French?*

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2 Complete the texts with the words from the box.

doesn't like   don't like   eats   eat   get up  
gets up   go   goes   likes   like

I usually (1)\_\_\_\_\_ at 7 o'clock. I (2)\_\_\_\_\_ to the gym before breakfast. For breakfast I (3)\_\_\_\_\_ eggs. I (4)\_\_\_\_\_ eggs, but I (5)\_\_\_\_\_ cheese.

Dominic sometimes (6)\_\_\_\_\_ at 6 o'clock in the morning. He (7)\_\_\_\_\_ swimming before breakfast. For breakfast Dominic always (8)\_\_\_\_\_ eggs. He (9)\_\_\_\_\_ eggs, but he (10)\_\_\_\_\_ cheese.

# LET'S PRACTISE!

## 3 Circle the correct word.

- 1 *Do/Does* you play basketball?
- 2 Yes, I *do/does*.
- 3 What time does she *get/gets* up?
- 4 She usually *get/gets* up at 7 o'clock.
- 5 He *don't/doesn't* like fish.
- 6 They *play/plays* basketball every day.
- 7 How often *do/does* she go dancing?
- 8 She *go/goes* every Saturday.

## 4 Put the words in the right order.

- 1 breakfast eggs eats she for often

*She* \_\_\_\_\_

- 2 go swimming do day you every ?

*Do* \_\_\_\_\_

- 3 get up the usually morning in six I o'clock at

*I* \_\_\_\_\_

- 4 go the never Sunday I on to gym

*I* \_\_\_\_\_

- 5 9 o'clock always at do school start you ?

*Do* \_\_\_\_\_

- 6 dancing sometimes at the go they weekend

*They* \_\_\_\_\_

- 7 is it busy the swimming pool in usually

*It* \_\_\_\_\_

## 5 Read the texts in exercise 2. Write a short text about you.

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# Adverbs of frequency

**1. Put the adverb of frequency in the correct position in the sentences; make changes if necessary.**

1. - We go to the mountains (never)
2. - The boys play football on Sunday afternoons (always)
3. - The bus arrives late (usually)
4. - I go to bed before 11 (often)
5. - She doesn't write me (usually)
6. - He drinks coffee in the evening (never)
7. - It doesn't rain in the summer (often)
8. - They are complaining (always)
9. - My father goes to work by bus (sometimes)
10. - We go to the beach at the weekend (always)
11. - My dog is playing in the backyard (sometimes)
12. - I go running in the mornings (seldom)

**2. Write questions using the words given in the right order:**

1. - Where/your parents/on holidays/ usually/ go/ do?

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2. - often /how/watch /TV /you/ do?

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3. - breakfast / you / usually/ What/ have/ do / for?

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4. - they / always / Are / outside / playing?

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5. - Where/ lunch / your / have / brother /does / usually?

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6. - Does / always / pay / on / company/ the / time?

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# ADVERBS of FREQUENCY



• always	100%	• I <b>always</b> watch TV at night.
• almost always	95%	• She <b>almost always</b> eats breakfast.
• usually	75%	• Mike <b>usually</b> gets up late.
• often	50%	• I <b>often</b> exercise in the morning.
• sometimes	25%	• They <b>sometimes</b> go to Starbucks.
• seldom	5%	• I <b>seldom</b> see him.
• rarely	5%	• I <b>rarely</b> see him.
• hardly ever	5%	• I <b>hardly ever</b> see him.
• never	0%	• We <b>never</b> come to class late.

- Fill in the blanks below with the best adverbs of frequency (some sentences may have more than one answer).

1. My brother is never sad. He's always happy.
2. I was late for work only one time last year. I'm \_\_\_\_\_ late.
3. Mary failed only one test in high school. She \_\_\_\_\_ passed her tests.
4. I always remember to do my homework. I \_\_\_\_\_ forget to do it.
5. Steven seldom goes to a cinema. He \_\_\_\_\_ sees movies.
6. Judy saw a doctor for the first time in three years. She \_\_\_\_\_ gets sick.
7. I get up at five o'clock seven days a week. I \_\_\_\_\_ get up early.
8. It's always hot and sunny where I live. That's why I \_\_\_\_\_ see snow.
9. A: Do you ever drink coffee? B: Yes, but only \_\_\_\_\_, not often. Just a few times a week.
10. My sister almost never eats burgers and fries. She \_\_\_\_\_ eats healthy foods.
11. I \_\_\_\_\_ take a bus to class, maybe three or four days a week.
12. A: Do you ever watch action movies? B: No, never. Well, I watched an action movie a few years ago, so I guess should say \_\_\_\_\_.

# Grammar Practice

## Adverbs of Frequency

100% always    90% usually    80% frequently    80% normally    70% often  
50% sometimes    30% occasionally    10% rarely    10% seldom    0% never

Examples: I am always happy.

I always pass my exams.



**Complete the sentences below with true information about yourself.**

Name: .....

1. I am always .....

I always .....

2. I am usually .....

I usually .....

3. I am frequently .....

I frequently .....

4. I am normally .....

I normally .....

5. I am often .....

I often .....

6. I am sometimes .....

I sometimes .....

7. I am occasionally .....

I occasionally .....

8. I am rarely .....

I rarely .....

9. I am seldom .....

I seldom .....

10. I am never .....

I never .....