



DAILY ACTIVITIES

Complete the 15 sentences with the words on the left. (Completează cele 15 propoziții cu cuvintele din stânga.)



A afternoon *n.*
alarm clock *n.*

B breakfast *n.*
brush my teeth *v.*

D dinner *n.*
do exercise *v.*
do homework *v.*
do housework *v.*

G get dressed *v.*
get up *v.*
go to bed *v.*

L lunch *n.*

R relax *v.*

T take a bus *v.*
take a shower *v.*

1. My alarm clock always wakes me up at six o'clock every morning.
2. I wake up at six, but I _____ at six-thirty.
3. Then, I go to the bathroom to get washed and _____. Healthy teeth are important!
4. After that, I _____. I like to wear a tie.
5. Then, I usually have a big _____. I like to have some coffee, toast, and fruit.
6. I always _____ to my office.
7. At noon, I have _____ with my co-workers. We eat at a restaurant near our company.
8. In the _____ I take a bus to go back home. I get back home at about five o'clock.
9. After I get home, I often _____. I like to go jogging. Sometimes I do sit-ups.
10. After that, I _____ so that I can feel clean and fresh.
11. Then, I often help my wife _____. For example, I sweep the floor and throw away the garbage.
12. I like to help my kids _____ their _____. Sometimes my son needs help with his math.
13. I have _____ with my family in the dining room.
14. In the evening, we _____ and watch TV.
15. I _____ between ten and ten-thirty.

QUIZ: DAILY ACTIVITIES

Choose the best answers. (Alege cele mai bune răspunsuri.)

1. Why do many people use an 'alarm clock'? Because it helps them to ...
 - get up in the morning
 - study for a test
 - watch TV
 - cook dinner
2. Why do many people 'do exercise'? Because they want to ...
 - a) go to sleep
 - b) buy some food
 - c) read more books
 - d) stay healthy
3. Which of the following is an example of 'doing housework'?
 - a) washing dishes
 - b) making a new house
 - c) finding a new boss
 - d) going to a library
4. Which of the following things do you need to 'get dressed'?
 - a) clothes
 - b) food
 - c) a car
 - d) books
5. Which of the following things do you need to 'get washed'?
 - a) shoes
 - b) water
 - c) flowers
 - d) a pen
6. Which of the following things do you need to 'go online'?
 - a) a bicycle
 - b) a hat
 - c) an apple
 - d) a computer
7. Where do many people like to 'go out to eat'? At a ...
 - a) restaurant
 - b) school
 - c) dining room
 - d) supermarket
8. What do some people use to 'go to work'?
 - a sandwich
 - a chair
 - a bus
 - a window
9. What or who do many people like to 'hang out' with?
 - a) fish
 - b) friends
 - c) doctors
 - d) lunch
10. Which of the following things is an example of a 'hobby'?
 - a) doing homework
 - b) taking a shower
 - c) reading
 - d) sleeping
11. What do you need to know before you can use a 'schedule'?
 - a) how much something costs
 - b) a person's name
 - c) how old something is
 - d) the day and the time
12. When do some people like to 'take a nap'? When they are ...
 - a) tired
 - b) hungry
 - c) late
 - d) busy
13. Which of the following things do you need when you 'take a shower'?
 - a) shoes
 - b) water
 - c) flowers
 - d) a pen
14. Which of the following words best describes a 'weekend'?
 - a) seven days
 - b) July and August
 - c) Monday to Friday
 - d) Saturday and Sunday

READING WORKSHEET

DAILY ROUTINES

Read about Mike Miller and Kelly Smith. Then, answer the questions below. (Citește despre Mike Miller și Kelly Smith. Apoi, răspunde la întrebările de mai jos.)

MIKE MILLER



I'm an English teacher and I have a big family, so I have a very busy daily routine! First, I get up every day at six o'clock, get washed and dressed, and leave for work by

seven-thirty. I get to school at eight o'clock. I prepare my lessons and then teach until noon. The other teachers and I always eat lunch and talk together in the teachers' room. I teach again in the afternoon and then I correct my students' homework and tests. After I get back home, I help my kids with their homework. I have three kids in elementary school. Their names are Mathew, Jon and Suzie. Then, I do some exercise, eat dinner with my family and watch TV before I go to bed at about ten o'clock. We love to watch travel shows. Finally, I read in bed for a few minutes before I fall asleep.

KELLY SMITH



Well, I almost always get up very early, at about five-thirty. I get up early because I like to go jogging along the beach and watch the sun rise. Later, after breakfast, I go to

work. I work in a bank near my home. I don't drive to work, I take a bus. It only takes about twenty minutes to get to work. After work, I like to go to my favorite bakery and buy some fresh bread. I get home between five o'clock and five-thirty. My husband Michael usually makes dinner because he loves to cook. In fact, he is a chef in a restaurant. His hobby is painting, and my hobby is growing flowers in our garden. We also have a pet dog called Wolfie. In the evenings we take Wolfie for a walk, and then get to bed by nine-thirty because we have to get up so early again the next morning.

1. What does Mike do?
16. What does Kelly do?
17. What time does Mike get up?
18. What time does Kelly get up?
19. Where does Mike have lunch?
20. How does Kelly get to work?
21. When does Mike watch TV?
22. What is Kelly's hobby?
23. Where does Mike read?
24. What time does Kelly go to bed?

Mike is an English teacher.
